

# SABOO TANGYAR DURBOOK TREK

**Duration: 14 Days**

**Level: Moderate**

## **DAY 1: DRIVE TO SABU (3400m/11,155ft), TREK TO SABUZONG (3,830m/12,565ft). 3 to 4 hours**

From Leh short drive (7 kms) to Sabu situated at the foot of Sabu Mountain (14,749ft). From this pretty and prosperous village we will start trekking north on the road through the extended village, following the Sabu River, to our camp site at the end of a dirt track.

## **DAY 2: TREK TO PULU BEFORE THE DIGGAR LA (15,649ft) 5-6 hrs.**

Above the village we follow a well-marked trail up a sharp valley with a tumbling stream on the right. Sabu Mountain is on the left. Granite mountains, burnt grey or brown, are on either side. We may well see Dzos grazing in the valley and see other cattle, donkeys and marmots. There are one or two stone shelters on the way and again we may meet local people who are often up here collecting dried yak dung for their fires in the village. Eventually, we reach a large area of undulating meadows where there is a good choice of camp sites. There are wonderful views across the Indus Valley of the Zaskar Mountains, with Stok Kangri (20,082ft) dominating the scene. The camp area is about as close as practicable before the ascent of the pass.

## **DAY 3: CROSS DIGGAR LA (17,230ft) TO DIGGAR LARTSA (15,305ft). 6hrs.**

Follow the stream to the east, skirt a large moraine and begin climbing; the La summit can be seen from here. The ascent is a series of zigzags up a steep rise to the pass which is adorned with prayer flags and the views are breathtaking (that is if you have any breath left at all!). The mountains you can see to the north are the Saser range of the eastern Karakoram, which contain Ladakh's highest peak Saser Kangri, 25,165ft. Do not expect to see K2 from here – it lies further to the northwest. However there are also fabulous views of the Zaskar range. Moorcroft describes the ascent as being no less than 1,200ft/366m from the foot of the climb. It is about 2 to 3 hours to the pass, and the same down from the Pass to Diggar Lartsa. Heading north from the pass we descend into the valley, joining a small stream which flows all the way to Diggar village. The route crosses a beautiful small plateau where the stream forms slow moving pools.

## **DAY 4: TREK TO DIGGAR VILLAGE. (12,647ft). 3-4 hrs.**

As we near Diggar, which can be seen as a green patch in the distance, the path drops steeply to a collection of chortens and prayer flags and passes an impressive granite peak on the left. The stream disappears into a deep gorge on the right and flows far below the village. The marmots here are more easily spotted and we may well see Lammergeyers. At the village there is an interesting temple built onto a huge boulder and old monastery

above, which is currently being extended. House owners on the opposite side of the valley seem to be fighting a losing battle against the river as every year it erodes their fields more and more. From the mani wall to the north west of the village we'll have tremendous views of the vast plain of the Shyok river and the eastern Karakoram.

#### **DAY 5: FULL DAY REST.**

Today you have full day rest to visit village, family, field etc.

#### **DAY 6: TREK TO KHEMA (14520ft) 5 hrs.**

We leave Diggar village up in the valley to Khema passing a few Doksafom Digga village, high pasture the path is well defined and interesting walk as we might see wildlife.

#### **DAY 7: TREK TO NEW TANGYAR (13,200ft) 5-6hrs.**

Today we go over a small pass of Kirtila and we follow the up valley in the morning though the zigzag to the kirtila pass. From the top we will have beautiful view of Khalsar and the Nubra valley. From the top we descend to Tanga Doksa then continue to Tangya village.

#### **DAY 8: TREK NEW TANGYAR TO HALF WAY OF NEBUKLA 5 hrs.**

At first you will go down to the river follow it after climb toward the Old Tangyar village. Then you will continue the valley for two hours.

#### **DAY 9 : HALF WAY TO BASE CAMP NEBUKLA. 4 hrs.**

This day is a short day trek. You will continue toward Nubukla of 3 hours. At the base camp of Nebukla you will camp.

#### **Day 10: BASE CAMP TO BASE CAMP 3 hrs**

Today you will cross the Nebukla. You will start early the climbing. In two or three hours you will arrive at the top of Nebukla. From the top you will see very beautiful scenery. After you will camp at the opposite side Base Camp.

#### **Day 11: Base Camp to Rale. 5 hrs**

This day is whole day descend four hours trek upto Rale Village. Rale is a small village of 10 houses. You will have a nice camping.

#### **Day 12: Rale to Durbok. 5 hrs**

The last day of your trekking with some up and down routes. Before the camping you have to walk on the motorable Road. Tonight you will celebrate last night Party. TREK END

#### **Day 13 Durbok to Pangonglake.**

This day you will drive to Pangonglake. You will arrive early. You will visit around the lake, Over night in Fix Camp tent.

**Day 14 Drive Back to Leh.6 hrs Drive.**

Drive Back to Leh.6 hrs Drive.

**Trek rate: On Request**



**TSARAP HIMALAYAN ADVENTURES**